Wardrobe inspiration from a stylist who sews BY EMILY HALLMAN



Bright prints, glitzy textures, and cheerful gingham stand out in the fabric choices for the season.

ello, spring. The arrival of a new season feels like a fresh start, and the memo from designers is clear: It's time to forget the sweats and have fun with fashion again. Much like Dior's iconic New Look designs after World War II, the trends for spring 2022 mark a reawakening. Gone is the casual minimalism from the past few seasons, replaced with a carefree sense of joy about getting dressed up again. Designers presented collections with flirty low-rise miniskirts, sheer dresses, shrunken cardigans, and bra tops for the adventurous among us. These looks were presented alongside beautifully draped dresses that are a fresh take on body-conscious silhouettes, as well as sophisticated white pantsuits for a sartorial metaphor on the clean slate that a new season brings. Pants with relaxed silhouettes, such as boot-cut jeans and wide-legged styles, are replacing the skinny and tapered looks that have been dominant the past few years.

NEW HUES

Bright colors, such as clementine and flamingo, dominated many a collection, and so did rich, saturated crimson hues that add spice to the closet. Classic kelly green, radiant yellow, dynamic purple, and serene blues signify a playful mood grounded in optimism, creativity, and joy. One interesting way designers showcased vibrant color was with blazers. Continuing the trend for a pop of color in suiting,



Plan a self-sewn wardrobe that reflects your take on comfort as well as contemporary trends.

spring 2022 collections included blazers in highlighter hues and sharp "take notice" colors meant to inspire an energetic return to the office. Sleeveless blazers in happy limoncello and new tie-dye motifs were spotted at Nina Ricci, and Stella McCartney offered menswear-inspired blazers in calming cornflower blue and bold persimmon hues.

PRINTS AND TEXTURES

Collections included fabrics and textures rich in variety, from delicate crochet tops and overlays to chunky tweed skirt suits. Shiny materials were a prevalent theme, too: Think slinky lamés, sequins, and satin. Tom Ford's spring collection was full of metallics and head-to-toe sparkle.

Florals abounded, but with a noticeable exotic twist evoking tropical getaways and a sense of adventure. The small-scale prints in subdued colors of previous seasons have been replaced with oversized blooms in bold hues.

Gingham also made its way back into the mix in the form of day dresses and snappy matching sets, and the pattern was also spotted on blazers, shorts, and outerwear. Polka dots popped up at Paco Rabanne and Louis Vuitton in special-occasion garments, but the classic motif is also a daytime option, and a lighthearted alternative to traditional floral prints. In terms of trim, from Brandon Maxwell's creative use of feather trim on skirts to beaded fringe details on sleeves at Proenza Schouler and artisanal crochet fringe at Gabriella Hearst, details connected to a carefree, fun vibe for the season. Get ready to twirl your heart out.

INCENTIVE TO SEW

What is the beauty of a trend report for those of us who delight in making our own clothes? It's all open to interpretation and incorporating the season's new ideas in a personalized way. While the creative satisfaction that accompanies custom clothing made by the wearer is difficult to diminish, spring 2022 marks a new beginning that feels especially inspiring and fun. So get out there and grab a boldly colored fabric, fire up that sewing machine, and make something that says spring to you.

Designer and professional stylist Emily Hallman shares her sewing projects, techniques, and inspiration at EmilyHallman.com.



In keeping with the shift from loose-fitting loungewear and full dresses, spring 2022 brings a new way to show off the body. Creative cutouts and wraparound ties highlight the waist. Cutout designs range from the extreme that leave little to the imagination, to something more subtle and mysterious to emphasize the female form.

PATTERNS TO TRY

Dress and jumpsuit: Kielo by Named Clothing Skirt: Simplicity 9375 Jumpsuit: Zadie by Paper Theory Patterns Dress and jumpsuit: Butterick 6826 Top: McCall's 8242 Belt: Ascot by Style Arc



A waist tie offers a means to adjust the cut-out exposure or to refine the fit at the waist. For a longer tie on New Look 6633 that can be knotted, lengthen the left side tie by about 7 inches, as also shown on the facing page.



Cutouts can be subtle, too. An easy-tosew design contrasts plenty of cover with an adjustable, elastic-edged waist cutout.

Pattern: Simplicity 9370. Fabric: polyester and spandex matte jersey, MoodFabrics.com.

Color cues

The Pantone Color Institute's predictions are always big news in the world of fashion. To create palettes for upcoming seasons, the institute's experts focus on fashion weeks in key cities around the world, including New York, Paris, and Milan. The Spring/Summer 2022 New York palette below reflects key trends relevant to many sewers. Traditional seasonality is less of a factor, and some rich, darker colors are trending for spring. Neutral, timeless options are soothing choices, balanced by the bright, intense colors that create an impression of energy. Fashion designers and sewing enthusiasts have the ability to interpret the palettes into personalized style, using them as a starting point to inspire a season's wardrobe.



White-hot classics

Fear not, neutral lovers: White pantsuits were sprinkled throughout the color-packed presentations, and the result is an elegant look that is perfect for the office. The trend for white is a sophisticated break from the color parade for the season. Opt for a casual version of the white power suit by making an all-white denim-on-denim look, or go for a linen shirtdress for a timeless, warm-weather look. White ensembles make a striking backdrop for a thoughtful accessory in a bold color or print, which is a great way to incorporate a daring trend in a subtle way.

PATTERNS TO TRY

Jumpsuit: McCall's 8183 Dress: Orchidée by Deer & Doe Blouse: Vogue 1823 Skirt: Burda Style 6084 Moto jacket: McCall's 8121 A classic shirtdress is a spring and summer wardrobe staple in traditional white. The author shortened the sleeves by about 2 inches and went with neutral coconut shell buttons.

Pattern: Simplicity 8014, modified. Fabric: linen/rayon blend, Fabric.com.

Supersized bags

If this season is all about getting back out into the world in exciting clothes, it's only practical to have a bag in which to carry everything you need to take advantage of new adventures. The tiny bag trend that came and went in the blink of an eye has been replaced by something more practical. From Chanel to Tory Burch, designers are showing chic carryalls in canvas, linen, and leather. Other styles prevalent for the season include everyday bucket bags, handheld clutches, and handmade crochet bags.

PATTERNS TO TRY

Market tote: Simplicity 9298 Totes, assorted bags: Simplicity 9310 Picnic tote: McCall's 6338 Handbag: Paris Tote by Style Arc Embellished tote: McCall's 8233

Carry all the necessities with room to spare in a self-made bag following the oversized trend.

Pattern: McCall's 7611. Fabric: cotton canvas, Fabrics-Fabrics.com; suede, TandyLeather.com; leather handles, Amazon.com.

Cheerful gingham

Perhaps more than any other pattern, gingham exudes nostalgia and a youthful, fun vibe at the same time, making it ideal when you're rediscovering the joy of getting dressed. The runways were full of gingham in classic A-line skirts and sweet day dresses, as well as sequined gingham skirt suits at Carolina Herrera. Large-scale gingham prints make a punchier statement, while their smaller-scale cousins have a timeless aesthetic that may be a better option for those looking to incorporate the trend in a more subtle way. With a preppy feel by default, gingham seems especially contemporary on swimwear and activewear or on accessories such as baseball hats and backpacks.

PATTERNS TO TRY

Dress: Matilda by Megan Nielsen Trench coat: McCall's 8246 Pants: Erin by Style Arc Top: New Look 6701 Jumpsuit: McCall's 8203

> Be summer-ready in gingham shorts or cropped trousers.

Pattern: Vogue 9320 (out of print). Fabric: linen, FashionFabricsClub.com.

In the scale and color of your choice, gingham creates a happy vibe, and it's so easy to cut on-grain.

Swatches: cotton, Fabric.com.

Midcentury silhouettes

The ultrafeminine trend that has dominated the last few fashion cycles holds steady for spring 2022. Voluminous skirts are here to stay for a while, but after a few seasons in oversized, baggy dresses, the waist makes a triumphant return. Cinch a belt around a trapeze dress from a season ago, or opt for a more fitted bodice and add a full skirt for the full effect (pun intended). The cottagecore trend isn't going anywhere, so puffy sleeves and extravagant prairie looks remain a theme, albeit not as strong as it was in 2021.

PATTERNS TO TRY

Dress: Vogue 1737 Skirt: McCall's 8248 Trench coat: Luzerne by Deer & Doe Blouse: Vogue 1845 Jumpsuit: Vogue 1806



Florals may not be groundbreaking for spring, but the bold hues for 2022 are a new trend.

Swatches: cotton ottoman, MoodFabrics .com; polyester/rayon brocade, Fabric.com.



Employ your patternhacking skills to create just-right looks. The author paired the bodice from a favorite pattern with a self-designed three-tiered skirt plus a sash to emphasize the waist.

> Pattern: New Look 6615, modified. Fabric: Cotton poplin, Fabrics-Fabrics.com.

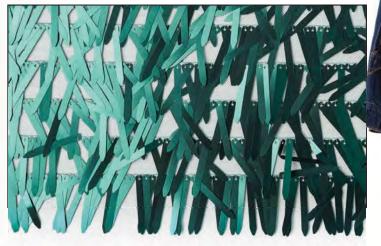
Shining examples

Why wait for the holidays to rock some shimmer? This season, designers are loving a fresh take on glitz and glam with sequined blazers and outerwear, sleek satin trousers, and fluid silk charmeuse blouses. Anything that shimmers or shines is the right idea; these fabrics appeal to the senses through

movement and play of light. Go beyond the borders of eveningwear when it comes to this trend and try something unexpected like a gleaming pair of joggers or a luxe lace skirt paired with a chambray button-up or a simple tee for a creative mix of styles and textures.

PATTERNS TO TRY

Dress: Vogue 1841 T-shirt: McCall's 8112 Sweatshirt: Simplicity 9240 Blazer: Vogue 1716 Joggers: Ernie Knit Pants by Style Arc



Spring's sparkly trend encompasses textures and degrees of glitz from fringy paillettes to all-over sequined lace, often sewn up in sportswear separates.



Create a fresh, youthful take on the sparkly fabric trend with separates you can mix into casual ensembles. If full-on glitz isn't your style, choose fabrics like this sequined lace for a subtler approach.

Patterns: skirt, Simplicity 8299; blouse, Butterick 6747. Fabrics: sequined guipure lace, PromenadeFineFabrics.com; cotton oxford, the author's stash.